

# Intramuscular MENU

IM INJECTIONS - SKIP THE FLUIDS  
JUST GIVE ME THE GOODS!

PICK FROM A SELECTION OF:	SINGLE DOSE	TAKE HOME 5 PACK
B12	\$15	\$60
Amino Blend	\$30	\$125
MICC	\$30	\$125
B-Complex	\$30	\$125
Mineral Blend	\$30	\$125
Vitamin D3	\$30	\$125
Glutathione (200mg - 400mg)	\$30	\$125
Glutathione (600mg)	\$45	\$180
Tri-Immune	\$45	\$180
Biotin Glow	\$45	\$180
Performance Recovery	\$45	\$180

## RECOMMENDED USE:

B12, Amino Blend, MICC, Mineral Blend, Vitamin D3, and Biotin Glow are recommended 1-4x a month as desired.

Glutathione recommended 1-2x per week for 4 to 6 weeks, then 1x per week for maintenance of overall wellness and health.

Performance Recovery is recommended every 72 hours to 2X per week while during times of increased training and weightlifting, then 1x per week when exercising and weight/strength training is at a lighter schedule.

*\*These injections are not meant to diagnose or treat medical conditions. The IV's Boosters & shots are administered by a Licensed Medical Professional and overseen by a Medical Director. Contact us for more information on how to customize your IM injection.*

# Intramuscular MENU

**B12:** Boosts energy & red blood cell production, decreases fatigue & lethargy, and helps regulate sleep, mood, & appetite cycles.

**MICC:** Boost energy, helps with fat burning, and increases stamina and endurance. Helps Break down sugars and Carbohydrates and converts to energy. Ingredients: Methionine, Inositol, Choline Chloride, and B12.

**B-Complex:** Boosts the immune system, decreases stress and anxiety, reduces inflammation, supports healthy memory and brain function, enhances cardiovascular health, encourages a healthy metabolism, and aids in sleep. Ingredients: B1, B2, B3, B5, and B6.

**Amino Blend:** Boosts metabolism, increases energy levels & endurance, helps burn fat, and gives your body essential amino acids it needs to stay healthy. Ingredients: Glutamine, Ornithine, Arginine, Lysine, and Citrulline.

**Mineral Blend:** Helps the body reverse the effects of dehydration, removes toxins, supports energy levels and helps improve cellular function and rejuvenation. Ingredients: Magnesium, Zinc, Manganese, and Copper.

**Vitamin D3:** Regulates mood & wards off depression, facilitates normal immune system function, and regulates calcium absorption.

**Biotin Glow:** Important for skin, hair, and nail health, plays a crucial role in carb fat & protein metabolism, helps flush the lymphatic system, master detoxifier, and boost energy and stamina. Ingredients: Biotin, Glutathione, and B12.

**Glutathione:** Helps flush the lymphatic system, master detoxifier, reduces muscle recovery time, helps with fat burning, increases strength & endurance, reduces oxidative stress and cell damage in fatty liver disease.

**Performance Recovery:** Promotes athletic recovery and performance, helps maintain & build muscle, aids in preventing muscle breakdown, boosts energy and stamina, and supports endocrine function. Ingredients: Amino Blend and B12